



## Expert support. Better results.

Want to pass OET for Nursing but need to improve your English first? Then these specially designed OET Prepare courses are for you.

### Level 1: Skilled

### Level 2: Intermediate

### Level 3: Advanced

The courses take you on a journey to achieving the scores you need in OET. You'll be provided access to take OET Pulse to find the right level for you and work your way up. After successfully completing OET Prepare Level 3, you will be ready to book your test.

### Level 1: Skilled







Skilled is for those who can already understand and communicate in simple sentences in familiar situations, such as travel, work and family.





On this course, you build a foundation in the English you need for OET.

- Learn nursing language skills, including communicating with patients and colleagues, medical terms, and hospital-specific language.
- Build your vocabulary, grammar and pronunciation.
- Develop your healthcare listening, reading, writing and speaking skills.
- Become familiar with the OET test and how to prepare for it

Only  
**£249**  
per level

## Key features

-  20-week study programme
-  Delivered online and available worldwide
-  60 hours' live teaching with an OET specialist
-  2 dynamic, interactive lessons a week

-  100 hours' self-study, available on mobile and PC
-  Targeted homework and assignments
-  Small classes (12 to 20 students)
-  Prepares for advancement to Level 2 & Level 3 courses

For details, start dates and course enrollment:  
<https://specialistlanguagecourses.com/oet-prepare>

Have questions? Reach out to:  
[oet@specialistlanguagecourses.com](mailto:oet@specialistlanguagecourses.com)

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# Course syllabus

## WEEK 1

- Introducing yourself and welcoming a patient
- Checking patient information, patient admission form
- Patient confidentiality
- People and places in a hospital, safety briefs
- Managing a visitor in a care home

## WEEK 2

- Taking patient observations, completing observations charts – blood pressure, pulse, EWS
- Using the present simple in healthcare
- Using the present continuous in healthcare
- OET Nursing – introduction and overview
- Language review

## WEEK 3

- Medical terminology
- Talking about meals
- ADLs: helping with mealtimes
- Completing a fluid balance chart
- Preventing dehydration

## WEEK 4

- Height, weight, malnutrition, MUST charts
- Using articles correctly
- Giving instructions, using imperatives in healthcare
- OET Listening – format, task types, how to prepare
- Language review

## WEEK 5

- Talking about incontinence
- Urine output, doing a urine dip
- Assisting patients with toileting, ostomies
- Talking about constipation
- Bowel charts, laxatives

## WEEK 6

- Types of medication
- Describing how things are shared and divided
- Describing quantities and amounts
- OET Listening – building study skills
- Language review

## WEEK 7

- Mobilising elderly patients
- Rehabilitation after injury
- Fractures, taking care of a plaster cast
- Mobility aids, helping a patient after a hip operation
- Patient handling, equipment, completing a patient handling plan

## WEEK 8

- Using adverbs of frequency
- Using the present perfect in healthcare 1
- Using the present perfect in healthcare 2
- OET Reading – format, task types, how to prepare
- Language review

## WEEK 9

- Pressure ulcers
- Managing pressure ulcers
- Log rolling a patient
- Using adjectives effectively
- Using comparatives and superlatives in healthcare

## WEEK 10

- Intentional rounding
- Pressure ulcer assessment tools, Waterlow chart
- Using the past simple in healthcare
- OET Reading – building study skills
- Language review

## WEEK 11

- Talking about falls, slips and trips
- Types of injuries and treatments
- Wounds and dressings
- Using enough, too, so, such in healthcare

## WEEK 12

- Dealing with a patient who has had a fall
- Falls prevention, completing a risk assessment chart
- Using the past continuous in healthcare
- How to approach OET Writing
- Language review

## WEEK 13

- Gerontology and ageing, associated legal and ethical issues
- Dementia in the elderly
- Parkinson's disease
- Giving advice and making suggestions
- Making offers and requests

## WEEK 14

- Talking about osteoporosis
- End of life care provision
- Describing ability and possibility
- OET Writing – letter types
- Language review

## WEEK 15

- Infection cycle and contagious diseases
- Body temperature, taking a patient's temperature
- Chest infections
- Talking about the future in healthcare - be going to
- Talking about the future in healthcare – future simple (will)

## WEEK 16

- Hospital acquired infections and their prevention
- MRSA, MRSA swabs
- Describing necessity and obligation
- OET Speaking role plays – all you need to know

## WEEK 17

- Types of pain, discussing pain
- Pain behaviours, pain scales
- Asking about pain
- Asking questions in healthcare 1
- Asking questions in healthcare 2

## WEEK 18

- Offering pain relief
- Chest pain, angina and cardiac arrest
- Chronic pain, giving a handover
- OET Speaking – essential language to learn
- Language review

## WEEK 19

- Talking about mental health
- Discussing depression
- Confusion in the elderly
- Using the past perfect in healthcare
- Using reflexive pronouns in healthcare

## WEEK 20

- Drug and alcohol misuse
- Dealing with challenging behaviour
- Prepositions of location and movement
- Language review
- End-of-course review