

# PREPARATION FOR THE NURSING OSCE



equips nurses with essential knowledge

## Why take this course?

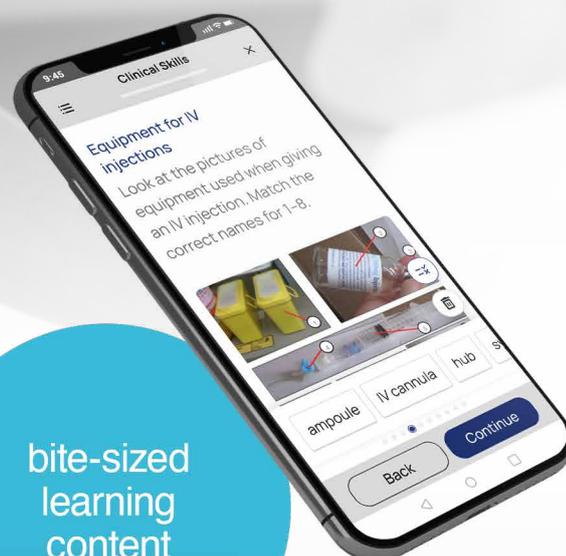
This self-study course is for internationally educated nurses preparing for the NMC OSCE for adult nursing. It provides them with the knowledge, language and communication skills they need to successfully pass their OSCE so they can register with the NMC.

The course is fully updated for the new scenarios and skills introduced in November 2022. It covers all OSCE topics and scenarios on APIE, Clinical Skills, Professional Values and Evidence of Best Practice.

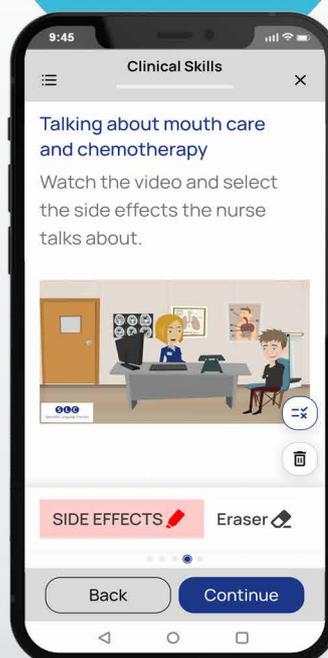
It is highly visual and engaging. It includes lots of videos and useful reading, information from the NHS and NMC, language and comprehension tasks to check understanding, and links to a wide range of websites to explore and read further.

The course is available on PC and on an app, offering maximum convenience to nurses with busy lives.

bite-sized learning content



highly visual and engaging



# Course Content

## About the OSCEs

Learn about how OSCEs are structured, what to expect on the day, tips for success and a guide on what not to do.

## The Nursing and Midwifery Council (NMC)

Learn what the NMC does, about registering and revalidating as a nurse, the professional standards nurses must follow as set by the Code of Practice, the Standards of Proficiency for nursing practice, covering both the seven platforms and Annexes A and B.

## APIE (Assessment, Planning, Implementation, Evaluation)

The APIE OSCE stations focus on the APIE process. Learn how APIE is applied to the scenarios covered by the Nursing OSCE and the language needed for the test:

- ✓ **Anxiety and depression**
- ✓ **Asthma**
- ✓ **Heart failure**
- ✓ **Falls and fractures**
- ✓ **Hernias**
- ✓ **Community care home**
- ✓ **Ectopic pregnancy**
- ✓ **Pneumonia**
- ✓ **Homelessness**
- ✓ **Subdural haematoma**

Learn about the APIE marking criteria, tools and processes; NHS-specific approaches to patient assessment, care plans, drug administration and infection control; key language and communication skills.

## Clinical Skills

The clinical skills OSCE stations test practical nursing skills. Learn the essential language and communication skills you need to demonstrate your clinical skills in the many topics covered by the Nursing OSCE:

- ✓ **Administration of inhaled medication**
- ✓ **Administration of suppositories**
- ✓ **Aseptic non-touch technique**
- ✓ **Blood glucose monitoring**
- ✓ **Bowel assessment**
- ✓ **Catheter specimen of urine**
- ✓ **Fine-bore nasogastric tube insertion**
- ✓ **Fluid balance chart**
- ✓ **In-hospital resuscitation**
- ✓ **Intramuscular injections**
- ✓ **IV flush and VIP score**
- ✓ **MSU and urinalysis**
- ✓ **Nasopharyngeal suctioning**
- ✓ **Nutritional assessment**
- ✓ **Oral care plan**
- ✓ **Oxygen therapy**
- ✓ **Pain assessment**
- ✓ **Peak expiratory flow rate**
- ✓ **Pressure area assessment**
- ✓ **Removal of a urinary catheter**
- ✓ **Subcutaneous injection**
- ✓ **Wound assessment**



## Professional Values

The Professional Values station is silent, involving a written response to an article or scenario. In this course you study the professional values described by the NMC, including the '6 Cs'. You then learn how those values are applied and the language you need to use, focusing on the scenarios covered by the Nursing OSCE:

- ✓ **Bullying**
- ✓ **Patient confidentiality and sharing information with a third party**
- ✓ **Dishonesty**
  - concealment of bed status
  - falsifying observations
  - false representation
  - falsifying timesheets
  - consuming hospital food
- ✓ **Drug error**
- ✓ **Possible abuse and safeguarding, witnessed abuse in care home**
- ✓ **Inappropriate use of social media, racism in social media**
- ✓ **Concerns about impaired performance**
- ✓ **Confrontation with a colleague**

## Evidence of Best Practice

The Evidence of Best Practice OSCE station is also silent and asks you to write a response to an article which should demonstrate your application of best practice. Learn the language and skills needed to show evidence of best practice from the OSCE topics:

- ✓ **Ankle sprain**
- ✓ **Autism Spectrum Disorder**
- ✓ **Bedside handover**
- ✓ **Cervical screening**
- ✓ **Cranberry juice and UTI**
- ✓ **Type 2 Diabetes and Hypoglycaemia**
- ✓ **Female myocardial infarction**
- ✓ **Fever in children**
- ✓ **Honey dressing for venous ulcer**
- ✓ **Music therapy and dementia**
- ✓ **Pressure ulcer prevention**
- ✓ **Use of Restraints**
- ✓ **Saline vs tap water for wound cleansing**
- ✓ **Smoking cessation methods**

## About Specialist Language Courses (SLC)

Based at the University of Sussex, SLC is the UK's leading provider of English language training to the global healthcare sector. SLC provides thousands of nurses from around the world every year with exam preparation and clinical communication skills courses.

SLC works closely with NHS Trusts across the UK supporting international recruitment, as well as with private healthcare groups, international healthcare recruitment companies and international medical universities.



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